

Park Society News

In last month's Dispatch you met San Diego Parks Society members, **Cheryl Wegner, Grace Aspiras, and Ralph Strom.**

This month, please meet **Edith Wyatt**, San Diego Parks Society's current (and longtime) secretary-treasurer. Edith has been a member of the Parks Society since its inception in 1984, and has served in each of its officer positions. For 36 years Edith taught fourth grade students. She then turned her considerable energies to promoting—and participating in—outdoor recreation. A particular interest, for over 50 years, has been programs for Boy Scouts and Eagle Scouts.

Four current board members hail from North County, where the Parks Society has always received strong support. **Cynthia (Cindy) Williams**, a current resident of Oceanside, describes herself as a 40 year intermittent resident of San Diego County, punctuated by the many tours of duty served by Cynthia's husband, an officer in the United States Marine Corps. Despite their frequent moves, Cynthia enjoyed a career as an elementary school librarian until her retirement in 2001. Cynthia was the creator and publisher of the former Parks Society Newsletter and was the driving force in researching many of their special memorial funds which allow management of these funds as their founders intended.

Paula White, a retired nurse, delights in serving as a docent at the Rancho Guajome Adobe where she provides an expert and delightful tour. Paula also loves to garden and is active in Rotary. She has been a financial guru of sorts to the Parks Society, researching the best opportunities for Parks Society investments, and offering sound advice. Paula was instrumental in guiding the Parks Society toward hiring a new general manager in 2008 and has been invaluable in keeping meetings on track.

The San Diego Parks Society extends its sincere wish for a most prosperous, happy and peaceful New Year!

SAN DIEGO COUNTY



Parks Society

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Energy Tips

BY: *Johanna Salomon, Special Events and Community Outreach Coordinator*

With the start of a new year comes the beginning of new things. So make a New Year's resolution to be more energy efficient. Below are some tips to help you get started!



- Use energy saving light bulbs that can last up to ten times longer than a normal bulb and use up to 75 percent less energy. A single 20 to 25 watt energy saving bulb provides as much light as a 100 watt ordinary bulb.
- Install motion sensors or timers on external lights.
- Wash laundry with full loads. You'll use the machine less, save time and save energy.
- Use your dryer for consecutive loads. The built up heat means less energy spent.
- Open the drapes or blinds on sunny days and bask in the 'free' heat. Keep those south facing windows squeaky clean to let the light through. Remember to close the drapes or blinds when the sun sets to keep the heat in.

